

News 13 Sep, 2021

Sailors' Society launch Wellness at Sea campaign video

As part of our charity support programme West has supported the Sailors' Society Wellness at Sea programme. The Society has recently launched a video highlighting issues faced by seafarers and how the charity can help.

The Wellness at Sea programme gives seafarers the tools to manage issues before they turn into a crisis. Using their unique Circle of Care approach, the Society can support wellbeing across every area of seafarers' lives and careers, giving them the best opportunity to enjoy a fulfilling - and productive - career at sea.

Watch the Sailors' Society video [here](#) to find out how the Wellness at Sea programme can help you care for your crews' mental health and wellbeing.